

Mesquite Waffles

1 c white whole wheat flour
3/4 c mesquite flour
2 T sugar
1 T baking powder
1/4 t salt

3 eggs
1 3/4 c milk
1/2 c olive oil
1 t vanilla

Stir together flours, sugar, baking powder & salt. Make a well in the center & set aside. Beat eggs slightly; stir in milk, oil & vanilla. Add egg mix all at once to the flour mix. Stir just until moistened (batter will be slightly lumpy). Pour enough batter to cover grids of a preheated, lightly greased waffle maker. Close lid quickly; do not open until done as directed by maker instructions. When done, use a fork to gently lift waffle off grid. Repeat with remaining batter. Serve warm.

Baja Arizona Sustainable Agriculture