

Mesquite Banana Oatmeal Cookies

1 c flour
1/2 c mesquite flour
1/2 t baking soda
2 T ground flax (opt)
1 t salt
1/4 t nutmeg
3/4 t cinnamon

3/4 c butter

1 3/4 c oatmeal
3/4 c chopped nuts
3/4 c agave syrup (or 1 c sugar)
1 c mashed bananas
2 eggs, beaten

Preheat oven to 350°. Mix dry ingredients together. Cut in butter. Add remaining ingredients & beat until blended. Drop by spoonfuls onto ungreased baking sheet. Bake 10-12 minutes (do not over cook).

Baja Arizona Sustainable Agriculture